# The Teen And Police Academy

# Modules + Objectives



#### **Role of Police**

1

The students explore social distance between community youth and law enforcement. Students and police also discuss youth culture.

#### **Conflict Resolution**

2

The students recognize the importance of using management techniques to reduce anger, anxiety and to resolve conflict. Students look into their future by creating vision boards that set goals for them.

### **Truancy**

3

The students analyze the consequences of truancy and list ways to avoid truancy and increase student assistance.

# Time Management

4

The students explore ways in which they can utilize the 168 hours there are in a week effectively.

# **Team Building**

5

The students use critical-thinking skills independently and in teams. They differentiate the roles of individuals on a team and establish that diversity can enhance teamwork and problem-solving capabilities.

# **Drugs and Alcohol**



The students examine consequences related to the use of illegal drugs and alcohol. Students also create an individualized plan to remain drug free.

## **Health and Nutrition**

7

Students explore the connection between dietary choices and their impact on physical and mental well-being, encompassing how nutrition influences our behavior, energy levels, and overall health.

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### Safe Driving

8

The students analyze the inherent risks of driving and the action-reaction impairment that results from being under the influence of drugs or alcohol. Our curriculum is following the Community Safety Education Act of Texas (SB-30) which is required for every high school graduate in Texas. It covers what officers and citizens must do to have a safety traffic stop.

### **Crime Prevention**

9

The students will understand that communities are negatively affected by crime and that crime can be prevented. They will evaluate situations that are likely to result in criminal activity.

## **Service Learning**

10

The students will understand and value the importance of being active citizens in the community.

## **Gang Awareness**

11

The students will assess the risks associated with gang membership and will understand the ways gang-life represents a real and continuous threat to both youth and their families.

#### **Mental Health**

12

The students will understand the importance of mental health awareness as well as how to get help and provide resources to others.

#### **Victimization**

13

The student analyzes the relationship between bullying and violence, compare and contrast appropriate and inappropriate responses to the threat of violence. They will also discuss strategies for remaining safe if active shooting or other violence erupts within the community or school.

# **Human Trafficking**

14

The student explores issues surrounding crimes representing grave infringement of human rights such as human trafficking.

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#### College is not the 13th Grade

15

College is not the 13th Grade focuses on transitioning students from seniors to freshmen in college. Covering what college credits mean, being responsible and entering a world of independence.

### **Finance**

16

Teaches the students the importance of financial responsibility. Also provides them with the right tools to be fiscally responsible.

#### **Healthy Relationships**

17

Healthy Relationships exemplify the art of fostering well-balanced connections with oneself, with others, and in a professional context, ultimately empowering individuals to navigate the world more effectively.

### **Active Shooter**

18

School safety is an essential part of being a student in any grade level. Being aware and knowing how to keep your campus safe is what you will learn in this module.

### **Social Media**

19

Social Media covers online safety, mental health, and social media opportunities to help students navigate it safely.